



# ADAM EDSTROM



## STATS

**Shoots:** Left  
**Height:** 6'7"  
**Weight:** 241  
**Born:** 10/12/2000  
**Birthplace:** Hammaro, Sweden

## POSITION

**CENTER**  
**#84**

## BIO

A sixth-round draft pick (161st overall) of New York in 2019, Adam Edstrom skated in 51 games for the Blueshirts during the 2024-25 season. He notched five goals and four assists for nine points, all career bests. In 2023-24, he skated in 11 games with the New York, recording two goals, including his first NHL tally in his debut, and spent the majority of the season with Hartford, collecting 16 points (11G, 5A) in 40 outings.

## ONE-TIMERS

**Nickname:** Edan  
**Favorite superhero:** The Hulk  
**First jersey:** Hammaro HC sweater  
**On his bucket list:** Road trip through the U.S.  
**Most listened to artist:** Veronica Maggio  
**Favorite meal:** Grilled chicken with potatoes and vegetables  
**Favorite book:** "I Am Zlatan"  
**Favorite TV show:** Stranger Things  
**Favorite movie:** Green Book  
**Most used app:** Snapchat  
**Favorite NYC restaurant:** Red Rooster in Harlem

## LOOSE PUCKS

- Parents are Magnus and Asa. Magnus runs his own marketing company and Asa is a principal at a preschool
- Has a sister, Lisa
- Lists his hockey idol as Connor McDavid
- Was an avid fan of Farjestad BK growing up
- Played soccer and hockey in high school
- Enjoys fishing
- Was named the winner of the 2024-25 Lars-Erik Sjoberg Award, which is given annually to the top Rangers rookie in Training Camp as selected by the media.